

Gymnastics-Intermediate & Advanced

This class will introduce walk overs, handsprings, tucks & more. Progress reports are given at the completion of the program. Intermediate & advance students must be able to do round offs & cartwheels.

SY651.410 Winter: Wed. 1/12-3/2 (8 weeks) **SY651.111 Spring:** Wed. 3/30-5/18 (8 weeks)

Time: Int. 5:15-6:00 p.m.

Ages: 5& up

SY655.410 Winter: Wed. 1/12-3/2 (8 weeks) **SY655.111 Spring:** Wed. 3/30-5/18 (8 weeks)

Time: Adv. 6:15-7:00 p.m.

Ages: 5& up

Fee: Resident \$70/Non-resident \$74

Location: SVCC-Ketell Hall **Instructor:** Hayley Pennings

Kindergym: Gymnastics/Tumbling



This class is a developmental floor gymnastics & fitness program with emphasis on social & gross motor skills, physical & movement education and basic health issues. Students will learn numbers, colors, shapes & words. Progress reports are given after each level is completed.

SY652.410 Winter: Fri. 1/14-3/4 (8 weeks) **SY652.111 Spring:** Fri. 4/1-5/20 (8 weeks)

Time: 1:00-2:45 p.m.

SY653.410 Winter: Fri. 1/14-3/4 (8 weeks) **SY653.111 Spring:** Fri. 4/1-5/20 (8 weeks)

Time: 2:00-2:45 p.m.

Fee: Resident \$70/Non-resident \$74

Location: SVCC-Ketell Hall
Instructor: Hayley Pennings

PRESCHOOL & YOUTH PROGRAMS

Musical Theatre



Musical Theater is for children who want to develop their vocal, dance and acting skills in a creative, supportive, FUN way! Students will develop their coordination skills, projecting techniques and memorization capabilities. This class is expressive and full of movement! There will also be a final performance at the last class.

SY432.410 Winter: Fri. 1/14-3/4 (8 weeks) **SY432.111 Spring:** Fri. 4/1-5/20 (8 weeks)

Time: 4:00-5:00 p.m.

Ages: 6-12

Fee: Resident \$65 / Non-resident \$69

Location: SVCC-Senior Lounge

Instructor: Kathleen Sorensen

Parent & Tot – Recycle Art



A parent involvement class in which children will have a great time creating recycled art with different recyclables & everyday household items. Students will develop their sensory & fine motor skills while having fun with art & learning about Fine Art. The students will learn natural recipes on paint, glue & play dough. They will also learn how their 'green' choices can make a difference on the health of the environment.

SP211.111 Spring: Fri. 4/1-5/20 (8 weeks)

Time: 12:00-12:45 p.m. **Ages:** 1-4 **Fee:** Resident \$60 / Non-resident \$64

Location: SVCC-Senior Lounge **Instructor:** Blanca Alvarez

Parent & Tot – Young Tumble



A parent involvement class in which children will have a great time while developing motor skills, rhythm, coordination, balance and social skills. Class will use balls, parachute, obstacles, beanbags, music, sports, (example: T-ball) etc. Basic animal walks and tumbling skills introduced. Instructor will help with little more advanced tumbling skills for the children that are readybare feet.

SY656.410 Winter: Wed. 1/26-3/16 (8 weeks)

Fee: Resident \$68 / Non-resident \$72

SY656.111 Spring: Wed. 4/27-6/8 (7 weeks)

Fee: Resident \$60/Non-resident \$64 **Time:** 5:00-5:35 p.m. Ages: 1 ½ – 4

Location: SVCC-Olsen Room Instructor: Robin Wilkes